

# WAF and IAF Weight Classes

## Youth Division (18 years and under)

Girls Right & Left – 45kg, 50kg, 55kg, 60kg, 65kg, 70kg, 70+kg

Boys Right & Left – 50kg, 55kg, 60kg, 65kg, 70kg, 80kg, 80+kg

## Master Division (40 years and over)

Men's Right & Left – 70kg, 80kg, 90kg, 100kg, 100+kg

Ladies Right & Left – 60kg, 70kg, 80kg, 80+kg

## Grand Master Division (50 years and over)

Men's Right & Left – 75kg, 90kg, 100kg, 100+kg

## Ultra Grand Master (60 years and over)

Men's Right & Left – 75kg, 90kg, 90+kg

## Disabled Division

Men's Right & Left – 60kg, 75kg, 90kg, 90+kg

Ladies Right & Left – 60kg, 60+kg

## Senior Division (19 to 39 years)

Men's Right & Left – 55kg, 60kg, 65kg, 70kg, 75kg, 80kg, 85kg, 90kg, 100kg, 110kg, 110+kg

Ladies Right & Left – 50kg, 55kg, 60kg, 65kg, 70kg, 80kg, 80+kg

Kg to Pounds conversion is - KG \* 2.2 = Pounds

kg	45	50	55	60	65	70	75	80	85	90	95	100	110
pounds	99	110	121	132	143	154	165	176	187	198	209	220	242

Properly sanctioned tournaments would use these weights classes but do not have to use all.

Be sure to check with current sanctioning bodies due to using different structures and possible updates.